## Mouthpiece & Trumpet Bending Warm-Up



- 1) On mouthpiece strive for a full and centered sound without any waver. Check your pitch with a piano or tuner.
- 2) On trumpet play at a full dynamic, strive for a centered tone. Bend second to last note using the indicated fingerings.
- 3) On trumpet play lines entirely with the fingering under the key signatures, bend the notes slowly and smoothly.



Note: I have used mouthpiece buzzing, pedal tones, note bending and "long tones" in my warmups and practice sessions for years. The extreme note bending explained in #3 however is rather new to me. As with any study, you get out of it what you can; practice it for a few weeks and if you find it is not doing anything for you, go on to something else. That said, I am interested in hearing if the extreme lip bends are of any help to you in your practice. Have they helped strengthen your embouchure or made anything easier for you playing-wise? Please email me at lichtmann@hartford.edu For pedagogical reasons I am curious to hear of your experiences with this exercise in general and #3 in particular.